

# Emergency Child Care First Aid



Basic one-day course designed to introduce caregivers to injury prevention skills and knowledge. Course covers lifesaving first aid skills and cardiopulmonary resuscitation (CPR and AED) for children, and babies. Course meets legislation requirements for provincial/territorial early childhood education and day care worker safety requirements\*.

## DURATION

Minimum 8 hours in-class

## INSTRUCTOR

First Aid Instructor

## PREREQUISITE

None

## COMPLETION

- Successfully demonstrate skills and critical steps
- Min. 75% mark for written knowledge evaluation
- Attend and participate in 100% of the course

## CERTIFICATION

3-year certification in Emergency Child Care First Aid

## RECERTIFICATION

6 hours in-class\*

*\*Check local legislation to determine certification level, maintenance, and recertification requirements.*

[www.redcross.ca/firstaidlegislation](http://www.redcross.ca/firstaidlegislation)

## COURSE CONTENT

- The Red Cross
- Responding to Emergencies
- The EMS system
- Check, Call, Care
- Airway emergencies
- Breathing and Circulation emergencies – Child and baby
- First aid for respiratory and cardiac arrest – Child and baby
- Wound care
- Head, Neck and Spinal Injuries
- Bone, Muscle, and Joint Injuries
- Sudden Medical Emergencies
- Environmental Illness
- Poisons
- Caring for Children

*Includes any other content required by specific legislation*

## PARTICIPANT MATERIALS

- *Child Care First Aid* (print and/or eBook)
- *Comprehensive Guide to First Aid & CPR* (eBook)
- Emergency Child Care First Aid certificate (digital certificate issued upon successful completion)



Canadian  
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