

CREDIBILITY

FLEXIBILITY

AFFORDABILITY

CERTIFICATION

Red Cross Professional Responder courses:

- Meet or exceed all provincial/territorial health and safety legislation; meet the Paramedic Association of Canada National Occupational Competency Profile.
- Meet Provincial and Territorial pre-hospital care licensing and registration requirements.
- · Provide delivery options for in-house training.
- Provide comprehensive instructor development support and teaching tools that can be customized to the needs of the participants.
- Are built on a variety of teaching techniques including instructor-led skills demonstrations and practice, realistic scenarios and exercises, and video demonstrations using professional equipment.
- · Are available in English and French.
- Include mental health first aid content.
- Are based on the latest, evidence-based science, education and practice.

Our customized menu of courses designed to meet your needs

Note: Please be aware of local/provincial regulations that may dictate different maintenance and recertification requirements. **redcross.ca/firstaidlegislation**

COURSE	DESCRIPTION	AUDIENCE
First Responder 40 hours	Knowledge and skills required by professional first responders. Includes Basic Life Support (BLS) and all content required by specific legislation.	Professionals in emergency medical care or those who are called upon to respond to someone experiencing an emergency.
Emergency Medical Responder 80 – 120 hours	The clinical knowledge and skills necessary to successfully function as part of an emergency response team. Responders learn to provide appropriate patient assessments, interventions and on-going care within their scope of practice.	Professionals in emergency medical care with a duty to act, usually within a formal emergency response organization such as fire response teams, emergency medical systems, paramedic services, tactical law enforcement officers.
Advanced First Aid 80 – 120 hours Based on jurisdiction	A comprehensive course offering advanced first aid and cardiopulmonary resuscitation (CPR) skills required to provide appropriate patient assessments, interventions and ongoing care in the workplace.	Workplace first aid responders who typically function as part of an industrial or formal workplace response system.
Basic Life Support 4 – 6 hours Additional time required for add-on course options	A stand-alone or integrated high- quality cardiopulmonary resuscitation (CPR) course, focusing on functioning as a high-performance team. Two add- on certifications are available: Oxygen Therapy and Airway Management.	In-facility care providers and pre-hospital care providers.
Psychological First Aid Online: 45 – 90 minutes* Classroom: 7 – 12 hours *Course lengths vary depending on the learner and the experience of the audience.	A resiliency-based wellness program that equips learners in developing a personal understanding of the effects of stress, loss, trauma and grief on themselves or others, with emphasis on self-care and personal protection. Online courses can be stand-alone or provide pre-course information for the classroom-based course.	Content can be customized to professional responders.